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For M40 and North Manchester
Summer 2016

# Happy 1<sup>st</sup> Birthday Broadhurst Park

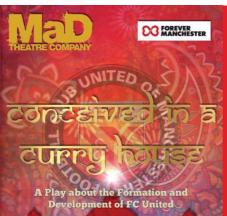
We have now officially been resident in our new community football ground in Moston, Broadhurst Park, for over a year. Throughout this time we have developed and solidified relationships with the local community, local schools and community organisations. Many have enjoyed visiting the ground on match day and non-match day to use the facilities and attend events.

Broadhurst Park is a community facility and FC United's commitment to be of benefit to the communities local to Broadhurst Park is central to our constitution and overall ethos as a club. Over the next few pages you can find out about our walking football sessions, our upcoming summer football programme

for ages 5–16, the FC Diggers, Youth United Day and recent developments around youth leadership and employability.

We are always open to new ideas though, so if there's something that you think we can improve, or would like to talk to us about, then please get in contact at

community@fc-utd.co.uk or call the office on 0161 769 2005 and ask to speak with Andy Cheshire, our Community and Education Manager. We host a community forum three times per year for local residents, invited groups, local councillors, etc, and this would be an ideal opportunity to attend to discuss areas for development. Our next community forum is Thursday 8th September.



**Manchester Communications Academy, Harpurhey** 4th July 7.00pm

Simpson Memorial Hall, Moston

July 7th, 8th, 9th, 14th, 15th & 16th Shows at 3.00pm & 7.30pm on the Saturdays

Tickets £9/£5 concessions/£2 under 18's

Available from the club office at FC United of Manchester Tel: 0161 769 2005 www.fc-utd.co.uk

**Lowry Theatre** 

11th August at 7.30pm

Tickets £12/£10

Available from www.thelowry.com Tel: 0843 208 6000



# The FC Diggers

Our volunteer gardening group, the FC Diggers, have been assisting with the task of developing and landscaping the areas around the stadium and football pitches every Sunday since before we moved into the ground. The aim is to create different garden experiences that people can enjoy as well as benefitting the local wildlife.

The Grass Roots Project is dedicated to celebrating native species of wild flowers and trees; 24 large trees were planted in December and the flower beds were sown in Spring with wildflowers such as poppies and cornflowers. The orchard project is establishing apple, plum and cherry trees. Hundreds of spring flowering bulbs have been planted over the past year and we are beginning to see these bloom.

The FC Diggers are on site each Sunday morning and are always up for a chat about gardening matters. If you would like to get involved please contact the office and leave your details.



# Sporting Memories Network

FC United will be establishing a network for sharing memories each week at Broadhurst Park. The Sporting Memories Network uses the power of stories to reignite connections between generations and combat the effects of dementia, depression and loneliness in communities. FC United's volunteers will be attending training courses throughout June to equip them with the skills, tools and knowledge to help 'save the past for the present'.

## **Breakfast Club**

FC United will host our community breakfast club each morning throughout the school summer holidays. Come and enjoy a free community breakfast from 8:30am–10:30am each day in our function suite that overlooks the pitch.

If interested in taking part in this weekly session, due to begin with a memories collection at the home match against Hereford on 23rd July, then please contact community@fc-utd.co.uk or call the office on 0161 769 2005 and ask for Andy Cheshire.

#### Walking Football

Walking football is a fast-growing sport in the UK, mainly focused on people over 50.

If you want to get active, have a bit of fun and social interaction get yourself to our football ground on a Monday from 7–8 pm. The cost is just £3 and anybody from 18–80+ can join us.

Please contact our office on 0161 769 2005 for more information.

# Youth United Day



This annual event for young people was held at our last match of the season against Solihull Moors on Saturday 30th April. The event was a great success with over 500 young people participating in the variety of activities that were hosted. Johnny Biggs from Whitemoss Youth Centre said: "We met at Whitemoss and 50 from the club walked up to the ground – children, young people, mums and dads and grandparents as well. Thanks for the hospitality, everyone had a fantastic day."

Youth United Day is one of 5 annual events that our community team assist in organising each year. Next up will be People's United Day in October 2016 – an opportunity to celebrate multiculturalism and diversity ir our club and further afield.

# Employability/Leadership

FC United have been successful in securing funding to run leadership courses for young people in partnership with MAD theatre and Collyhurst and Moston ABC. FC United will run Sports Leaders courses for 12 young people aged 15+ every month from July 2016 to July 2017. Please call the office and ask for Andy Cheshire for more details.

The club, again in partnership with MAD theatre and Collyhurst and Moston ABC,

have also secured funding to deliver employability courses for young people aged between 18 and 24. The courses will be accredited through Open Awards and we will work with 12 young people over each 12 week period.

Again, if you are interested please contact the office and ask for Andy Cheshire.

## **Survivors of Torture**

In partnership with the charity, Freedom from Torture, FC United are facilitating a weekly football session for survivors of torture. One of torture's legacies is pain, which can take various forms – both physical and psychological. Physical therapists at Freedom from Torture work to help people who have been tortured to reclaim their bodies from the physical and mental effects left by their torturers.

This session acts as a recreational hour that they would otherwise not get and has been very successful to date.



### Inaugural Walking Football Tournament

The first Walking Football tournament to be staged at Broadhurst Park in June proved a resounding success, with an FC United team taking the honours after a nail-biting penalty shoot out. Ten teams of over-50's, including 3 from FC (playing in red, white and blue, respectively), battled it out on Broadhurst Park's 3G pitch with the blue-shirted team the eventual winners.

FC United Women's Team finished runners-up in their first season in the North West Women's Regional League. FC United of Manchester Reserves also achieved second place in a highly competitive league, finishing with a 3-0 win against Stalybridge Celtic.

## FC First Team finish mid table

FC United of Manchester finished the season 13th with 53 points from their 42 games. A mid-table finish in our first season in the National League North has to be regarded as a respectable season, and with an average home gate of over 3,400 enthusiastic fans, FC confirmed its intention to build on this start. FC United will host two pre-season

friendly matches at Broadhurst Park versus Hereford on Saturday July 23rd and again a week later versus Rochdale on Saturday 30th July, with both matches kicking off at 3pm.

The new season fixtures will be announced on Wednesday July 6th – check the website for more details.

## Seven core principles of FC

- The Board will be democratically elected by its members.
- Decisions taken by the membership will be decided on a one member, one vote basis.
- The Club will develop strong links with the local community and strive to be accessible to all, discriminating against none.
- The Club will endeavour to make admission prices as affordable as possible, to as wide a constituency as possible.
- The Club will encourage young, local participation - playing and supporting - whenever possible.

- The Board will strive wherever possible to avoid outright commercialism.
- The Club will remain a non-profit organisation.

Information on how to become a member or to volunteer at FC United please call the office on **0161 769 2005** or check online at www.fc-utd.co.uk

Office opening hours are 9:00 – 17:00 Mon – Fri

Shop open Monday, Wednesday & Friday between 12:00 & 14:00

#### Contact us

#### **FC United of Manchester**

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